

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 031

Total Responses: 199

1. Check one that describes you:	Yes	No	N/R
Pregnant	52	114	33
A parent/caretaker of a baby under 6 months	57	113	29
A parent/caretaker of a baby 6 months to 1 year	63	101	35
Breastfeeding (at least 1 time in 24 hours)	34	128	37
A parent/caretaker of a child over 1 year old	109	60	30
The dad, grandparent, caretaker of a child on WIC	17	129	53
The mom of a child on WIC	148	31	20
I am 18 years or younger	26	130	43

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	81	46	57	15
Getting children to eat healthy foods	28	36	123	12
Quick healthy meals	25	18	148	8
Eating a healthy diet after pregnancy	48	33	103	15
Saving money at the grocery store	27	28	138	6

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	33	78	75	13
Discussion only	65	78	35	21
Food demonstration/taste test	38	76	69	16
On the internet	47	54	78	20
Reading on my own	39	64	81	15
Learning activities	25	68	89	17

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4. What is the highest level of school you completed?	Total
6th grade or less	1
7th to 9th grade	11
10th to 12th grade	23
High School graduate	69
Some College / Current Student	76
College Graduate	17
No response	2

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	138	57	4
A video game console (X-box, Playstation, Game Cube, Nintendo)	115	73	11
Cable TV	163	34	2

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	11
2 times a week	9
3 times a week	17
4 or more times a week	88
No response	74

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	63	34	93	9
Exercise during of after pregnancy	70	30	89	10
Stretching	63	40	81	15
Exercising more myself	47	41	103	8
Getting my children to exercise more	75	43	64	17
Back health	53	38	96	12

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 031

ENGLISH

Get my 2 year old 2 talk and tell me what he want and need and 2 be nice 2 his little sister

How to switch formula to cup

child developments

What to eat while breastfeeding/How to shed the baby weight.

food allergies. When it's ok to give them certain foods like eggs, chocolate, peanuts, strawberries etc.

Breastfeeding

SPANISH

como mantener ocupados a los ninos

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 032

Total Responses: **70**

1. Check one that describes you:	Yes	No	N/R
Pregnant	20	37	13
A parent/caretaker of a baby under 6 months	19	34	17
A parent/caretaker of a baby 6 months to 1 year	20	30	20
Breastfeeding (at least 1 time in 24 hours)	11	40	19
A parent/caretaker of a child over 1 year old	32	23	15
The dad, grandparent, caretaker of a child on WIC	6	38	26
The mom of a child on WIC	46	11	13
I am 18 years or younger	23	36	11

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	22	20	24	4
Getting children to eat healthy foods	10	13	46	1
Quick healthy meals	6	12	49	3
Eating a healthy diet after pregnancy	18	15	31	6
Saving money at the grocery store	12	12	39	7

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	8	23	38	1
Discussion only	21	26	20	3
Food demonstration/taste test	16	30	20	4
On the internet	22	21	22	5
Reading on my own	14	26	27	3
Learning activities	6	32	30	2

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 032

4. What is the highest level of school you completed?	Total
6th grade or less	3
7th to 9th grade	12
10th to 12th grade	23
High School graduate	20
Some College / Current Student	9
College Graduate	3
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	30	33	7
A video game console (X-box, Playstation, Game Cube, Nintendo)	25	36	9
Cable TV	61	6	3

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	2
2 times a week	7
3 times a week	13
4 or more times a week	23
No response	25

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	12	13	40	5
Exercise during of after pregnancy	22	13	34	1
Stretching	17	12	33	8
Exercising more myself	13	13	39	5
Getting my children to exercise more	17	18	29	6
Back health	16	17	32	5

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 032

ENGLISH

How to get a good insurance for the baby and how to plan his/her education.

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 033

Total Responses: 419

1. Check one that describes you:	Yes	No	N/R
Pregnant	72	303	44
A parent/caretaker of a baby under 6 months	91	286	42
A parent/caretaker of a baby 6 months to 1 year	87	285	47
Breastfeeding (at least 1 time in 24 hours)	44	328	47
A parent/caretaker of a child over 1 year old	280	110	29
The dad, grandparent, caretaker of a child on WIC	64	281	74
The mom of a child on WIC	337	61	21
I am 18 years or younger	52	321	46

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	95	109	184	31
Getting children to eat healthy foods	36	34	335	14
Quick healthy meals	33	36	336	14
Eating a healthy diet after pregnancy	109	56	221	33
Saving money at the grocery store	47	60	293	19

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	35	123	248	13
Discussion only	133	173	79	34
Food demonstration/taste test	55	116	229	19
On the internet	168	98	115	38
Reading on my own	96	134	156	33
Learning activities	33	97	265	24

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 033

4. What is the highest level of school you completed?	Total
6th grade or less	28
7th to 9th grade	52
10th to 12th grade	79
High School graduate	124
Some College / Current Student	100
College Graduate	30
No response	6

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	167	237	15
A video game console (X-box, Playstation, Game Cube, Nintendo)	156	226	37
Cable TV	214	184	21

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	40
2 times a week	45
3 times a week	91
4 or more times a week	169
No response	74

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	82	72	245	20
Exercise during of after pregnancy	130	67	187	35
Stretching	94	101	188	36
Exercising more myself	51	67	274	27
Getting my children to exercise more	65	82	246	26
Back health	74	79	239	27

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 033

ENGLISH

amounts on food servings for infant

fruit and vegetable stands need to be more convenient w/flexible hours, as well as wic stores.

How to lose weight after pregnancy. How much to give my infant on infant cereal and gerber's and formula.

to be more interesting

SPANISH

como mantener el cuidado de los niños

que alimentos evitar

como hacer que el niño se coma lo saludable

todos estos temas están muy bien para el cuidado de la madre y del bebé

sobre dar pecho

Como hacer que los niños coman la comida nutritiva que no les gusta

comidas sanas y rápidas para niños el alergias a alimentos

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 034

Total Responses: **61**

1. Check one that describes you:	Yes	No	N/R
Pregnant	13	38	10
A parent/caretaker of a baby under 6 months	31	26	4
A parent/caretaker of a baby 6 months to 1 year	19	31	11
Breastfeeding (at least 1 time in 24 hours)	14	37	10
A parent/caretaker of a child over 1 year old	37	14	10
The dad, grandparent, caretaker of a child on WIC	10	35	16
The mom of a child on WIC	50	4	7
I am 18 years or younger	12	37	12

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	20	22	13	6
Getting children to eat healthy foods	11	11	39	0
Quick healthy meals	8	8	40	5
Eating a healthy diet after pregnancy	15	6	35	5
Saving money at the grocery store	9	9	39	4

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	10	27	22	2
Discussion only	20	24	12	5
Food demonstration/taste test	7	21	29	4
On the internet	21	12	23	5
Reading on my own	7	19	29	6
Learning activities	4	22	31	4

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 034

4. What is the highest level of school you completed?	Total
6th grade or less	0
7th to 9th grade	6
10th to 12th grade	11
High School graduate	25
Some College / Current Student	12
College Graduate	6
No response	1

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	25	34	2
A video game console (X-box, Playstation, Game Cube, Nintendo)	31	28	2
Cable TV	39	21	1

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	4
2 times a week	7
3 times a week	10
4 or more times a week	23
No response	17

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	17	14	26	4
Exercise during of after pregnancy	15	6	36	4
Stretching	21	16	17	7
Exercising more myself	13	16	29	3
Getting my children to exercise more	25	11	21	4
Back health	18	15	23	5

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 034

ENGLISH

Reading to my daughter

controlling kids at the age 2

definitely saving \$ @ the grocery store +++ quick healthy meals

Getting children to like healthy foods

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 035

Total Responses: 90

1. Check one that describes you:	Yes	No	N/R
Pregnant	24	57	9
A parent/caretaker of a baby under 6 months	32	50	8
A parent/caretaker of a baby 6 months to 1 year	24	54	12
Breastfeeding (at least 1 time in 24 hours)	22	60	8
A parent/caretaker of a child over 1 year old	48	34	8
The dad, grandparent, caretaker of a child on WIC	20	56	14
The mom of a child on WIC	68	18	4
I am 18 years or younger	23	55	12

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	23	23	33	11
Getting children to eat healthy foods	8	7	72	3
Quick healthy meals	7	8	69	6
Eating a healthy diet after pregnancy	13	12	61	4
Saving money at the grocery store	6	10	69	5

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	10	32	46	2
Discussion only	22	36	18	14
Food demonstration/taste test	16	24	40	10
On the internet	39	13	22	16
Reading on my own	18	27	33	12
Learning activities	9	18	53	10

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 035

4. What is the highest level of school you completed?	Total
6th grade or less	15
7th to 9th grade	13
10th to 12th grade	20
High School graduate	24
Some College / Current Student	11
College Graduate	5
No response	2

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	26	61	3
A video game console (X-box, Playstation, Game Cube, Nintendo)	26	57	7
Cable TV	44	46	0

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	8
2 times a week	11
3 times a week	20
4 or more times a week	17
No response	34

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	12	20	49	9
Exercise during of after pregnancy	14	13	58	5
Stretching	17	15	46	12
Exercising more myself	14	14	53	9
Getting my children to exercise more	11	22	50	7
Back health	13	19	51	7

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 035

ENGLISH

how to stop thumb sucking

SPANISH

para bajar de peso

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 036

Total Responses: 160

1. Check one that describes you:	Yes	No	N/R
Pregnant	30	121	9
A parent/caretaker of a baby under 6 months	44	108	8
A parent/caretaker of a baby 6 months to 1 year	51	98	11
Breastfeeding (at least 1 time in 24 hours)	23	126	11
A parent/caretaker of a child over 1 year old	83	64	13
The dad, grandparent, caretaker of a child on WIC	23	118	19
The mom of a child on WIC	138	15	7
I am 18 years or younger	31	114	15

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	49	43	55	13
Getting children to eat healthy foods	19	20	113	8
Quick healthy meals	14	22	114	10
Eating a healthy diet after pregnancy	62	14	73	11
Saving money at the grocery store	27	20	105	8

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	27	57	70	6
Discussion only	48	75	21	16
Food demonstration/taste test	32	51	62	15
On the internet	51	42	48	19
Reading on my own	21	47	76	16
Learning activities	14	47	86	13

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 036

4. What is the highest level of school you completed?	Total
6th grade or less	7
7th to 9th grade	34
10th to 12th grade	38
High School graduate	54
Some College / Current Student	20
College Graduate	5
No response	2

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	57	93	10
A video game console (X-box, Playstation, Game Cube, Nintendo)	68	84	8
Cable TV	100	56	4

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	15
2 times a week	11
3 times a week	18
4 or more times a week	63
No response	53

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	50	36	71	3
Exercise during of after pregnancy	62	19	72	7
Stretching	58	25	68	9
Exercising more myself	35	21	101	3
Getting my children to exercise more	50	27	78	5
Back health	44	27	85	4

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 036

ENGLISH

Amount of food a baby should have and times

SPANISH

como conunar ejercicios y alimentos

ejercicios para ninos menores lano

Canciones y suegos con bebes menores de Lano

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 037

Total Responses: 60

1. Check one that describes you:	Yes	No	N/R
Pregnant	11	45	4
A parent/caretaker of a baby under 6 months	21	36	3
A parent/caretaker of a baby 6 months to 1 year	24	30	6
Breastfeeding (at least 1 time in 24 hours)	11	44	5
A parent/caretaker of a child over 1 year old	28	25	7
The dad, grandparent, caretaker of a child on WIC	7	44	9
The mom of a child on WIC	53	6	1
I am 18 years or younger	12	40	8

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	16	20	18	6
Getting children to eat healthy foods	4	9	44	3
Quick healthy meals	3	6	48	3
Eating a healthy diet after pregnancy	11	8	34	7
Saving money at the grocery store	3	12	41	4

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	7	23	29	1
Discussion only	23	22	11	4
Food demonstration/taste test	11	22	26	1
On the internet	25	17	14	4
Reading on my own	14	26	17	3
Learning activities	5	25	28	2

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 037

4. What is the highest level of school you completed?	Total
6th grade or less	2
7th to 9th grade	7
10th to 12th grade	14
High School graduate	23
Some College / Current Student	14
College Graduate	0
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	27	31	2
A video game console (X-box, Playstation, Game Cube, Nintendo)	29	29	2
Cable TV	47	11	2

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	3
2 times a week	6
3 times a week	10
4 or more times a week	19
No response	22

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	12	12	34	2
Exercise during of after pregnancy	10	13	33	4
Stretching	10	20	26	4
Exercising more myself	7	15	36	2
Getting my children to exercise more	9	21	27	3
Back health	5	20	32	3

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 037

ENGLISH

Health Problems caused by improper dieting

keeping children healthy from illness

behavior issues!

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 038

Total Responses: 36

1. Check one that describes you:	Yes	No	N/R
Pregnant	11	25	0
A parent/caretaker of a baby under 6 months	10	25	1
A parent/caretaker of a baby 6 months to 1 year	14	21	1
Breastfeeding (at least 1 time in 24 hours)	3	33	0
A parent/caretaker of a child over 1 year old	15	20	1
The dad, grandparent, caretaker of a child on WIC	1	33	2
The mom of a child on WIC	28	7	1
I am 18 years or younger	8	27	1

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	8	13	14	1
Getting children to eat healthy foods	6	4	26	0
Quick healthy meals	3	4	28	1
Eating a healthy diet after pregnancy	6	5	25	0
Saving money at the grocery store	5	5	26	0

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	1	16	19	0
Discussion only	10	18	7	1
Food demonstration/taste test	7	7	22	0
On the internet	18	9	8	1
Reading on my own	9	16	10	1
Learning activities	3	8	25	0

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 038

4. What is the highest level of school you completed?	Total
6th grade or less	0
7th to 9th grade	6
10th to 12th grade	6
High School graduate	15
Some College / Current Student	7
College Graduate	1
No response	1

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	16	20	0
A video game console (X-box, Playstation, Game Cube, Nintendo)	14	21	1
Cable TV	27	9	0

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	3
2 times a week	2
3 times a week	4
4 or more times a week	7
No response	20

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	15	6	15	0
Exercise during of after pregnancy	5	7	24	0
Stretching	6	10	19	0
Exercising more myself	5	11	20	0
Getting my children to exercise more	9	11	16	0
Back health	6	12	18	0

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 038

ENGLISH

healthy snacks to choose from

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 039

Total Responses: 109

1. Check one that describes you:	Yes	No	N/R
Pregnant	28	71	10
A parent/caretaker of a baby under 6 months	35	62	12
A parent/caretaker of a baby 6 months to 1 year	36	60	13
Breastfeeding (at least 1 time in 24 hours)	25	68	16
A parent/caretaker of a child over 1 year old	66	31	12
The dad, grandparent, caretaker of a child on WIC	23	66	20
The mom of a child on WIC	84	16	9
I am 18 years or younger	22	69	18

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	39	22	39	9
Getting children to eat healthy foods	18	14	73	4
Quick healthy meals	13	10	81	5
Eating a healthy diet after pregnancy	30	20	53	6
Saving money at the grocery store	23	13	70	3

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	23	47	34	5
Discussion only	36	46	16	11
Food demonstration/taste test	32	35	36	6
On the internet	54	22	25	8
Reading on my own	17	39	46	7
Learning activities	19	35	51	4

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 039

4. What is the highest level of school you completed?	Total
6th grade or less	16
7th to 9th grade	18
10th to 12th grade	25
High School graduate	29
Some College / Current Student	16
College Graduate	3
No response	2

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	25	79	5
A video game console (X-box, Playstation, Game Cube, Nintendo)	32	73	4
Cable TV	71	36	2

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	7
2 times a week	15
3 times a week	17
4 or more times a week	48
No response	22

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	31	23	51	4
Exercise during of after pregnancy	35	22	46	6
Stretching	34	30	35	10
Exercising more myself	23	20	61	5
Getting my children to exercise more	29	21	50	9
Back health	24	27	54	4

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 039

ENGLISH

cooking from whole foods (instead of pre packaged)

SPANISH

esta muy bien

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 040

Total Responses: 135

1. Check one that describes you:	Yes	No	N/R
Pregnant	37	90	8
A parent/caretaker of a baby under 6 months	33	88	14
A parent/caretaker of a baby 6 months to 1 year	50	73	12
Breastfeeding (at least 1 time in 24 hours)	17	107	11
A parent/caretaker of a child over 1 year old	81	43	11
The dad, grandparent, caretaker of a child on WIC	22	91	22
The mom of a child on WIC	105	19	11
I am 18 years or younger	21	93	21

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	39	35	47	14
Getting children to eat healthy foods	16	13	102	4
Quick healthy meals	15	13	101	6
Eating a healthy diet after pregnancy	44	19	62	10
Saving money at the grocery store	23	23	82	7

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	20	43	66	6
Discussion only	20	51	44	20
Food demonstration/taste test	32	39	51	13
On the internet	55	24	35	21
Reading on my own	18	45	54	18
Learning activities	12	40	74	9

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 040

4. What is the highest level of school you completed?	Total
6th grade or less	10
7th to 9th grade	24
10th to 12th grade	23
High School graduate	46
Some College / Current Student	22
College Graduate	7
No response	3

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	51	69	15
A video game console (X-box, Playstation, Game Cube, Nintendo)	55	62	18
Cable TV	109	23	3

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	11
2 times a week	23
3 times a week	15
4 or more times a week	45
No response	41

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	28	30	65	12
Exercise during of after pregnancy	40	19	62	14
Stretching	41	26	48	20
Exercising more myself	29	25	67	14
Getting my children to exercise more	39	25	58	13
Back health	31	30	58	16

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 040

ENGLISH

1

SPANISH

como lograr que los ninos coman verduras

Ejercicios y nutricion despues del parto

2